

10K RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Time
1	Katie Lowry	32	Clear Lake	IA	44:28

MALE OVERALL

Place	Name	Age	City	St	Time
1	Randy Sturm	37	Garner	IA	40:01

FEMALE INDIVIDUAL AGE GROUP: 19 - 24

Place	Name	Age	City	St	Time
1	Hillary Rickert	23	Hudson	IA	52:23
2	Kelsey Meany	24	Mason City	IA	57:20
3	Chelsey Formanek	23	Garner	IA	59:03

MALE INDIVIDUAL AGE GROUP: 19 - 24

Place	Name	Age	City	St	Time
1	Aric Moeller	21	Leland	IA	41:26

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Age	City	St	Time
1	Tiffany Townsend	26	Mason City	IA	46:20
2	Katie Abell	26	Rockwell	IA	51:06
3	Leah Youngblut	28	Independence	IA	57:15

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Angelica Flores	35	Belmond	IA	48:39
2	Heidi Vanhorn	32	Swaledale	IA	52:09
3	Mari Banse	32	Hampton	IA	52:36

MALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Jason Herrick	33	Nashua	IA	40:16
2	Doug Schumacher	37	Mason City	IA	45:18

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
1	Nte Nditti	42	Mason City	IA	55:31
2	Sarah Datema	42	Garner	IA	59:36
3	Carrie Berg	48	Mason City	IA	1:00:50

MALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
1	Brad Rounds	46	Ankeny	IA	43:48
2	Carlos Gonescer	48	Britt	IA	44:25
3	Bnan Rumelhart	42	Ankeny	IA	46:17

FEMALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Sheri Sprang	51	Mason City	IA	46:52
2	Karen Clemens	50	New Hampton	IA	58:08
3	Brenda Merritt	52	Mason City	IA	58:21

MALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Steve Hugo	57	Mason City	IA	43:30
2	George Jessen	54	Clear Lake	IA	44:37
3	David Heyden	58	Hampton	IA	48:49

FEMALE INDIVIDUAL AGE GROUP: 60 - 98

Place	Name	Age	City	St	Time
1	Susan Cowell	60	Kensett	IA	1:06:29

MALE INDIVIDUAL AGE GROUP: 60 - 98

Place Name	Age	City	St	Time
1 Tom Tecklenburg	60	Humboldt	IA	50:11